X-FACTOR™

The Sorinex X-Factor™ Rotational Power Machine is a classic remastered for the demands of the modern athlete. Traditional push-pull machines were cumbersome, requiring awkward adjustments or the purchase of two separate machines to train both sides of the body effectively. We looked to solve this problem by creating a machine with four independent, plate-loaded arms, allowing seamless training of the "X" of the body—from shoulders to hips—without unnecessary adjustments.

Designed to create whole-body rotational power, this machine features four independent, plate-loaded arms with adjustable thick grip knurled aluminum handles. Its unique design allows athletes to perform simultaneous push and pull movements while unlocking the handles for additional training space. Whether you're a football player building resilience against on-field torque or an MMA fighter training explosive power, the X-Factor delivers unparalleled versatility and effectiveness. Train the "X" of your body – from shoulders to hips – with angles no other machine can match.

SPECIFICATIONS

DEPTH	59"
HEIGHT	67"
WIDTH	46"







